

In line with the tightening of COVID-19 safety measures, senior daycare and activity centres modified their operating process to ensure elderly's safety.

In their interviews with several senior service centres, outdoor and exercise activities are reported to have been temporarily ceased.

Representatives from five elderly centres reported:

- Reduction of social gathering limits from eight to five people per group.
- No-visitor policy set in place.
- Cessation of outdoor activities.
- Adoption of virtual platforms to ensure proper functioning of the different centres.

Sparkle Care reported to have reduced the daily visitors cap by 10-15%. Visitors will have to pre-register before visiting the centres. Each visitation is limited to 30 minutes.

Another organisation reported that the current situation caused some worries among the elderly. Attendance to daycare and activity centres has also reduced by twofold. Some of the gym equipment were restricted from usage.

Another operator (NTUC Health – Active Ageing Hub) running 30 daycare and day activity centres reported that elderly and specific care staff are required to remain in the same group during meal time to reduce the risk of cross infection. Other activities such as talks took place on virtual platforms to minimise social gathering and interaction.